



# WORLD CEREBRAL PALSY DAY

Sunday, October 6

## HOW TO GET INVOLVED

All you need to do to get involved in World Cerebral Palsy Day is CELEBRATE!

- ✓ Organise a Move As One event where you and your friends get outside and get active at 1pm
- ✓ Hold a Go Green 4 CP party and dress up or decorate with green decorations

- ✓ Visit one of our nearly 200 #GoGreen4CP lightings around the world (visit our website to find their locations)

## SHARE YOUR CELEBRATIONS!

Share all the fun you had on World CP Day by tagging us @worldcpday on social media, and using the hastags:

#WorldCPDay | #CPMoveAsOne | #GoGreen4CP



To learn more and find World CP Day resources, visit [www.worldcpday.org](http://www.worldcpday.org)

