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Photo by: Matt Grayson

Lucy and Waldah
Motivation, Uganda

Parent and Carer Training run by UK charity, Motivation, helps parents like Lucy whose daughter Waldah has cerebral palsy. In many countries, the stigma associated with disability means that children and parents face discrimination and have limited options in life. Motivation's program gave Lucy the confidence to care for her daughter, a circle of supportive friends and, best of all, new hope for the future.

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